



TC
İZMİR TINAZTEPE UNIVERSITY
SMOKE-FREE HEALTHY CAMPUS PROCEDURES AND PRINCIPLES

Release date:

Decision No

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FIRST PART
Purpose and Scope

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ARTICLE 1- (1) This directive aims to prevent the use and spread of addictive substances in the society, to minimize the individual and social problems caused by these substances, to ensure the development of healthy behaviors in the society, and to create a smoke-free healthy campus. It covers the procedures and principles.

SECOND PART
Core Values and Strategy

Basic Values

ARTICLE 2-(1) DThe core values for a hopeless healthy campus are set out below.

a) Creating a Healthy Campus: It creates an obligation to provide protection that ensures that all indoor areas of the university campus, transportation vehicles and other possible (open and semi-open) areas are free from exposure to tobacco smoke. The effective method of protection from exposure to tobacco smoke is to completely eliminate tobacco smoke from the environment in order to create a smoke-free environment.

b) Getting rid of addiction and raising awareness: The university is based on preventing the addictions of substances that negatively affect health and cause harm. The aim is to train and mobilize individuals to get rid of cigarette and tobacco addiction and to act together with stakeholders to facilitate the implementation of the policy.

Strategy

ARTICLE 3- (1) DStrategies for a hopeless healthy campus are outlined below.

a) The University recognizes commercial tobacco products as addictive substances and provides counseling to those addicted to nicotine, guides them on access to smoking cessation drugs, and provides training aimed at prevention from second-hand tobacco smoke

b) The University supports the implementation of this policy with its employees, students and external stakeholders.

c) The University is responsible for providing a healthy and safe environment that is a part of the personal, professional and academic development of students, units, staff and visitors.

d) The University ensures the prevention of diseases by providing and maintaining healthy and safe conditions in its campuses and by showing the necessary care in its activities.

d) It is ensured that the development, implementation, revision of the smoke-free campus policies and the implementation of the strategies, the coordination of performance measurement, monitoring and evaluation activities are carried out by the relevant units of the university.

Application basics

ARTICLE 4-(one)The issues regarding the non-use of tobacco and tobacco products in the campus of our university and the implementation of a healthy campus practice are stated below.

a) This application covers all employees and students at the university.

b) Informative visuals and documents about the harms of tobacco products will be available in areas where tobacco products are not used.

c) It will be ensured that the areas where tobacco use is permitted are at least 10 meters away from the entrance and exit doors of the buildings and their surroundings.

ç) It will be ensured that there are areas where the use of tobacco products is allowed.



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d) It will be ensured that the vehicles belonging to our university have a no smoking legal warning letter.

d) In line with the program to be prepared, our university employees and students will be provided with training on the harms of tobacco use and quitting methods.

g) It will be ensured that warning signs are hung in areas that can be seen by everyone on the campus. At our university, work will be started to establish a Young Green Crescent / Green Crescent club.

ğ) A Vice Rector is appointed by the Rectorate to coordinate the smoke-free campus activities and to report to the senior management about the work done. The vice-rector will form the commission as the head of the commission, and the commission members will be determined from among academic-administrative staff and student representatives. The Corporate Communication and Publicity Unit will act as the rectorate.

h) All events (conferences, congresses, symposiums, etc.), including buildings owned, rented or located inside or outside the campus, are subject to this policy.

i) Informative and educational activities will be organized on important days and weeks such as 31 May World Without Tobacco Day, 9 February World Smoking Cessation Day and 1-7 March Green Crescent Week.

THIRD PART

Miscellaneous and Final Provisions

Force

ARTICLE 5 - (1) These Procedures and Principles come into effect upon the approval of the Senate of Izmir Tinaztepe University and the approval of the Board of Trustees.

Executive

ARTICLE 6- (1) The provisions of these Procedures and Principles are executed by the Rector of İzmir Tinaztepe University.